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SCAN ME



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How To Stay Healthy And Vibrant For The Rest Of Your Life!

Getting healthy and staying healthy has never been more important than it is now. When you incorporate a few simple practices into your life along with the help of our unparalleled Mec-Tech energy cells, supreme health and vitality will be your constant companions.

1. **A super-strong aura.** Having a [powerful aura](#) will help your physical body repel germs and other harmful energies that contribute to ill-health.

With a strong aura working in your favor, you create an energetic bubble in which any healing energies that you draw to yourself can work unhindered.

Having tools like our [Prana Energy Accumulating Disc and Healing Shield](#) is the “Lazy Bastards Way to Super Health”. Not only does it strengthen your aura, but it also accumulates vital force, turning you into a battery of vital power!



Prana Energy Accumulating Disc Kit

2. **Stay Centered On Health!** Thoughts are things and this is more true as you become more powerful, specifically as your aura grows stronger.

Thoughts attract after their own kind, so if you're constantly thinking about sickness and depressing thoughts, you're literally killing yourself from the inside out. So how do you train your consciousness to entertain good thoughts primarily? By being centered and nothing on the planet can help you get centered and stay that way like our [Centering Mec-Tech Cell](#).



Centering Amulet

All you have to do is hold the [Centering Cell](#) in your left hand and give yourself the affirmation:

“Only positive thoughts enter my mind. Positive thoughts bring me benefits and my desires!”

3. Breathe in a special way. So I hear you saying, “ Kenyata, I obviously know how to breathe, I’ve been doing it since I was born!!”. While there’s no doubt that you know about breathing, do you know how to TRULY breath in a way that saturates your body with the vitality that streams in from the heavens and the earth below? If you don’t yet, our [Fountain Of Youth](#) and [Healing/Chakra Activation](#) Mec-Tech Cells are just what you need.



Fountain Of Youth Mec Tech Cell



Healing/Chakra Activation Mec Tech Cell

With these two masterpieces of ancient energy technology working with you, you can literally increase the amount of vital force you draw from the heavens and the earth by 90%! The average person is only able to draw on about 20% of the boundless vitality of nature.

It's so simple: you simply touch either of the above named Mec- Tech Cells for 2 seconds (or you can use our more advanced [Energy Transfer Process](#) if you really want to suck the most out of life) and then focus on your breathe in the following manner:

When you inhale, INTEND to draw in the energy of the cosmos above you.

When you exhale, imagine blowing all the pain and discomfort (physical and emotional) out away from you.

As you continue to breathe in this fashion, you'll start to notice that you feel lighter and that you are filled with a sense of "fullness". You'll feel energized, in the same way you feel when you have a good nights' sleep.

4. Exercise in a special way. So we all know how to exercise but only 1 percent of the population knows how to do so in a way that actually energizes your mind and body. With the invention of exercise modalities like crossfit and events like Tough Mudder, most people automatically assume that you have to kill yourself to get healthy and fit.

This is false. The better way to exercise every single muscle in your body and build up a reserve of vital force is through the super-secret-ancient-not-really technique of **WALKING. Here's what happens when you walk:**

- A. Your brainwaves shift from beta frequency to alpha brainwaves, which are associated with creativity, relaxation, and clear visualization.
- B. Because you're walking at a decent pace, you're actually taking in more vital force than you're expending. To give you an idea of what

this means, if you take an exercise like Crossfit and look at the numbers, you take in 5 cc's of vital force but you expel 25cc's of vital force.

With an activity like walking, you're taking in 20cc's of vital force and you're expending 5cc's. See the difference?

C. You're able to circulate the vital force you're taking in more effectively. You have better control over your bio-physical energy abilities.

So what does this mean? Basically when you combine the use of our mec-tech power cells with walking, you are literally becoming a ball of vital force with every step!!

Imagine how much more vital power you can build up when you take a walk with our [Tachyon Light Watch...](#)

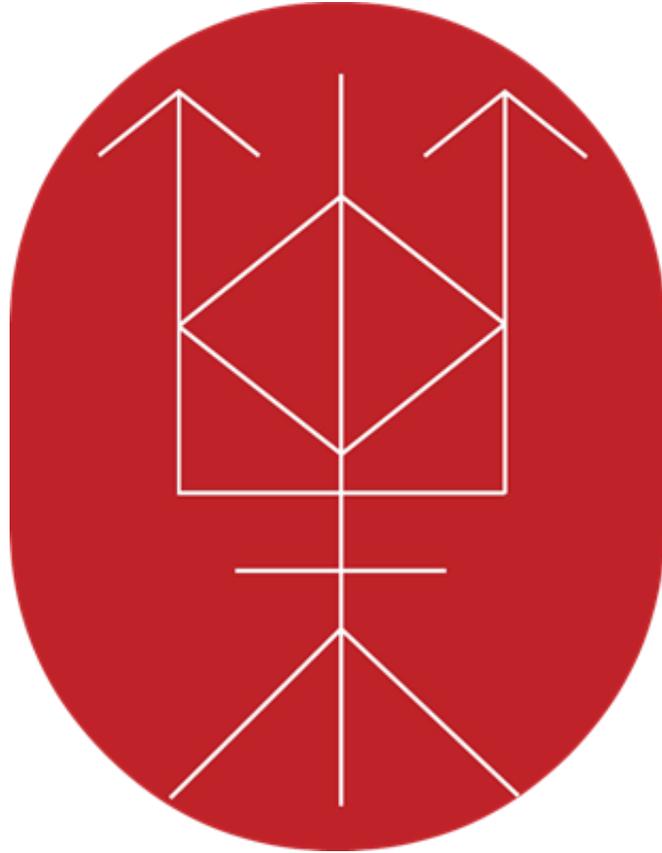


If you're serious about getting healthy and staying healthy and you're starting to realize that your government may not always be able to help you in a way that benefits YOU, then you may want to consider taking your health into your own hands. Our new [Supreme Health and Antiviral Mec Tech Cell](#) will help provide an immovable foundation for health and vitality for you and your loved ones.



Supreme Health Antiviral Mec Tech Cell

***Best Wishes To You and Yours,
I.G.O.S. Success Tech***



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